

# MARAC

## Multi-Agency Risk Assessment Conference

### What is a domestic abuse MARAC?

MARAC stands for Multi-Agency Risk Assessment Conference. It is a meeting where agencies talk about the risk of serious harm to people experiencing domestic abuse, forced marriage or honour based violence in their area, and make safety plans to support those most at risk. The aim is to increase the safety and well-being of the adults and children involved and reduce the risk of them becoming repeat victims.

### When does MARAC meet?

The domestic abuse MARAC meets once a month to consider the needs of new people who have been referred, and to review the needs of people whose situations have changed.

### How will MARAC help me?

If your case has been put forward for discussion at a MARAC it is because it is believed that you could be at risk of serious harm from domestic abuse.

At a MARAC, different agencies come together to share information and pool their knowledge and make a plan to help keep you and your family safe.

### Who attends a MARAC?

A number of different agencies attend a domestic abuse MARAC. If you are involved with any agencies and think they should be invited, please let your DAP Domestic Abuse Practitioner worker know.

### Confidentiality

The MARAC will respect your right to privacy and confidentiality. Any information resulting from the meeting will be kept secure and not shared with anyone who is not involved in your case. Everybody at a MARAC has to sign a confidentiality agreement before the meeting begins.

### Do I need to go to the MARAC?

Your DAP Domestic Abuse Practitioner will help you to write a statement which will detail what you would like to tell the MARAC Panel. The Practitioner will read it out at the MARAC on your behalf. This can include anything you feel is affecting your safety or things you need help and support with.

**Domestic abuse accounts for around 25% of all recorded crime and leads to two women being killed by their current or former partners every week.**

**1 in 4 women will experience Domestic Abuse.**

### What happens after a MARAC?

After a MARAC your Domestic Abuse Practitioner will contact you about the meeting. They will let you know about the help and support that the agencies are offering.

Examples of actions the MARAC might discuss include:

- Arranging for a police officer to check on your welfare
- Providing extra security at your home or helping with emergency housing transfers
- Ensuring schools do not allow your children to leave with anyone but you
- Asking a health visitor to check on you or your children's well-being

The Domestic Abuse Practitioner will get in touch and offer support and advice. They also know about other domestic abuse support services that can offer help and support to you.

***You have the right to live your life free from fear, violence, abuse and coercive control***

***Domestic abuse occurs in all groups and sections of society and may be experienced differently due to gender, race, sexuality, disability, age, religion, culture, class or mental health***

***You may feel frightened, humiliated and isolated***

***Remember: you are not to blame and you are not alone***

***Domestic abuse is about power and control***

***Support and advice is available***

### Specialist Domestic Abuse Support Service

The Domestic Abuse Practitioner provides information and support to those at high risk from domestic abuse and can be contacted at Hull DAP.

This sometimes means supporting you through the criminal justice processes but can involve a range of other options to improve your safety and that of your children.

The Domestic Abuse Practitioner's role at the MARAC is to represent your views at the meeting. They can act as a link person between you and the different agencies and make sure that agencies action plans are as safe and realistic as possible.

The MARAC meeting helps those at high risk to get more individual support to meet their needs. It helps the Domestic Abuse Practitioner to build good relationships with local agencies so that they can focus on their core work; providing support and safety planning with you.

Domestic Abuse Practitioners should bring any relevant information from you that would help the MARAC to create a safe and effective safety plan. This could include information on the risks you face, any barriers to you getting support, your wishes and needs (for example, whether you want to stay put with extra security or be re-housed) or any significant dates coming up and details of previous events.



**Hull Domestic Abuse Partnership (Hull DAP) 01482 318759**

**www.hulldap.co.uk • In an Emergency call 999**



**Your DAP Domestic Abuse  
Practitioner contact details:**

Name .....

Agency .....

Telephone .....

**" I was so pleased my case was heard at the  
MARAC. It was nice to know that so many people  
wanted to help me. It made me feel safe."**

Domestic abuse survivor

**Hull Domestic Abuse  
Partnership (Hull DAP)**

**Tel: 01482 318759**

Out-of-hours messages can be left on  
an answer phone.

**[www.hulldap.co.uk](http://www.hulldap.co.uk)**

**Office Hours:**

Monday–Thursday 9.00am–4.30pm.

Friday 9am–4.00pm

This document can be made available in other  
formats (large print, audio, computer disk,  
British Sign Language and Braille as appropriate)  
and different community languages.

Please phone (01482) 300300.

Minicom users please phone (01482) 613839.

**Other useful contact numbers:**

Hull Women's Aid 01482 446099

Preston Road Women's Centre 01482 790310

Strength to Change 01482 613 403

Women's Aid National Helpline 0808 2000 247

Galop 0800 999 5428

Emergency Duty Team  
(out of hours) 01482 300304

Forced Marriage Unit 020 7008 0151

**Remember to use a safe phone**  
– calls can be traced

**In an emergency call 999.**



## Domestic Abuse

### Multi-Agency Risk Assessment Conference

# MARAC

**Information on the MARAC process  
for people at risk from Domestic Abuse**



**HullDAP**  
working in partnership  
to tackle domestic abuse

**Hull Domestic Abuse Partnership (Hull DAP) 01482 318759**

**Domestic abuse is a crime... there are NO EXCUSES**