



Welcome to our tenth edition of the School Health newsletter
The hot topic this issue is 'Step 1 on the road map out of lockdown'

School Nurses are experienced Qualified Registered Nurses who have undertaken further study at degree level for a Specialist Public Health Qualification, making them the most suitable professional to work with Children, families and young people in promoting and protecting health. There are a number of practitioners who can also prescribe from the Nurses Prescribing Formulary



School Nurses provide holistic assessment of the health and wellbeing needs of children and young people. Offering health advice and promotion, signposting and referral to other services. Providing a link between school, home and the community.

The 0-19 integrated public health nursing service consists of Health Visitors and Specialist Public Health School Nurses who are supported by Public Health Nurses and Health and Development Practitioners. The Health Visitors work with the 0-5 and the 5-19 age group are supported by the Specialist Public Health School Nurses.

The 0-19 service also offers the NCMP (growth measurements for FS2 and year 6 children), Audiology assessments (hearing testing) and classroom based Personal, Social, Hygiene Education.

We can support children and young people aged 5-19 who need additional support around the following areas.

Enuresis (bed wetting),

Encoporesis (child pooing their pants)

Diet and nutrition

Behaviour

Sleep

Emotional wellbeing

Managing minor illness

Sexual health

Body image worries

Physical health concerns

Eating disorders

Drug and alcohol support

Relationship difficulties

Bullying

Stress management

Parenting

The 0-19 Integrated Public Health Nursing Service is available

8.30am-5.00pm Monday to Friday

Tel: 01482 336634/344301 Text: 'school nurse' to 61825

email: hull.cypcommunityservices@nhs.net

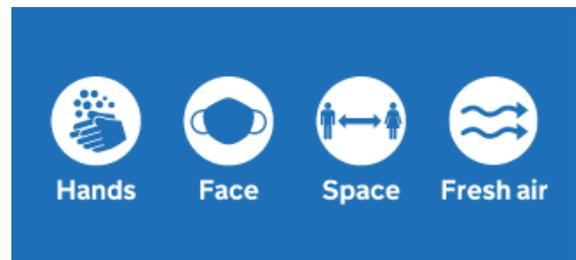
Hot Topic: Step 1 on the road map out of lockdown

What has changed?



How to keep yourself safe and others safe:

You should maintain 2 metres distance from anyone who is not in your household or support bubble where possible, or 1 metre with extra precautions in place (such as wearing face coverings) if you cannot stay 2 metres apart.



The following people in England have access regular rapid lateral flow testing:

- secondary school and college pupils
- [staff of primary and secondary schools, nurseries and colleges](#)
- households, childcare and support bubbles of nursery children, primary and secondary-age and college pupils
- households, childcare and support bubbles of staff of nursery-age children, primary and secondary-school age and college pupils
- anyone who works in a [related occupation](#)

Children of primary school age or younger will not be asked to test

[For more information click here](#)