

Stockwell Academy

What do I do if.....

17th September 2020



Dear parents/carers,

This sheet aims to answer some of the questions you may have around what to do if you, your child or anyone in your household has Covid-19 symptoms or if someone in your household has had a confirmed positive test.

This information states the **most common symptoms** to look out for in your children and is taken directly from the latest information published by the NHS.

If your child has:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

or

- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

or

- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal **then further action is needed.**

Please use the attached table to see what action to take

What to do if:	Action to be taken:	Your child can return to school when:
...my child has one or more coronavirus symptoms	<ul style="list-style-type: none"> ● Do NOT come to school until you have checked the NHS 111 website (https://111.nhs.uk), entered your symptoms and followed the advice given. ● If advised to stay at home, contact the school daily. ● Self-isolate ● Get a test as soon as possible ● Inform school of the outcome immediately. 	<p>...the test comes back negative</p> <p>or</p> <p>... if the NHS 111 website advises that you are not at risk of coronavirus.</p>
...my child tests positive for coronavirus	<p>⊘ Do NOT come to school</p> <p>⊘ Inform the school immediately about the result</p> <p>⊘ Self-isolate for 10 days</p> <p>⊘ Keep in contact with the school daily.</p>	<p>...when they feel better after their 10 day isolation. They can return to school after 10 days even if they have a cough or loss of smell/ taste. As these symptoms can last for several weeks once the infection has gone.</p>
...somebody in my household has coronavirus symptoms	<ul style="list-style-type: none"> ● Do NOT come to school ● Self-isolate ● Household member to get tested as soon as possible ● Inform school of the outcome immediately 	<p>...the household member tests negative</p>
...somebody in my household tests positive.	<ul style="list-style-type: none"> ● Do NOT come to school ● Contact the school daily ● Self-isolate for 14 days 	<p>...the child has completed 14 days of self-isolation.</p>
... NHS test and trace have identified my child as a “close contact” of somebody with symptoms or confirmed coronavirus .	<ul style="list-style-type: none"> ● Do NOT come to school ● Contact the school daily ● Self-isolate for 14 days 	<p>...the child has completed 14 days of self-isolation</p>

<p>...my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> ● Do NOT take unauthorised leave during term time ● Consider quarantine requirements and FCO advice when booking travel ● Provide information to school as per the attendance policy <p><u>Returning from a destination where quarantine is needed:</u></p> <ul style="list-style-type: none"> ● Do NOT come to school ● Inform school of return date ● Contact school daily ● Self isolate for 14 days from day of return 	<p>...the quarantine period of 14 days self isolation has been completed.</p>
<p>...we have received medical advice that my child should resume shielding.</p> <p>(Shielding was paused for all individuals on the 1st August, should cases rise on a local/ national level and a local lockdown be enforced, you will be contacted to alert you, that your child should resume shielding)</p>	<ul style="list-style-type: none"> ● Do NOT come to school ● Contact the school office ● Shield until you are informed that restrictions are lifted and shielding is paused again. 	<p>....government guidance lifts restrictions and shielding is paused, your child can return to school</p>

If any of the above information changes then we will let you know as soon as possible.

Kind regards

Mr C Coulter

Headteacher